



# Bleu Flame Lunch Menus

## Corporate LUNCH BUFFET MENUS

### Meat Platter:

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[www.bleuflamecatering.com](http://www.bleuflamecatering.com)



Deli Sliced Turkey, Ham, & Roast Beef accompanied by American & Swiss Cheese, Pickle Platter, Lettuce, Tomato, Potato Salad or Italian Pasta Salad, and an Assortment of Freshly Baked Breads and Potato Chips.

**\$12.95 per person**

**The Boardroom Corporate Tray:**

Deli Sliced Ham, Turkey, and Roast Beef paired with Freshly Baked French Bread, Provolone and American Cheese, Lettuce, Tomato, Mayonnaise, Mustard, and a Pickle Platter accompanied by your choice of Potato Chips and a Spring Salad Mix with Raspberry Vinaigrette Dressing.

**\$10.95 per person**

**Deli Platter Supreme:**

Deli Sliced Roast Beef, Honey Roasted Turkey, Ham, and Pastrami with Swiss, Cheddar, American, and Provolone Cheeses. Your Platter is completed with Delicious Chicken Salad, Tuna Salad, Pickle Platter and your choice of Potato Chips along with a Spring Garden Salad Mix with Choice Dressings, Assorted Freshly Baked Breads and Seasonal Fresh Fruit Salad Display.

**\$14.95 per person**

**Cuban Sandwiches**

Tray filled with unpressed Cuban sandwiches served with black beans and corn salad

**\$7.95**

**Grilled Caribbean Chicken Breast Sandwich:**

Grilled Chicken Breast marinated in spicy Caribbean marinade with sun dried tomato topped with green leaf lettuce and feta cheese, finished with honey mustard on a ciabatta roll.

**The above prices reflect a 25 Person Minimum**

**For orders less than 25 people the prices will be adjusted accordingly**

**Delivery and Set Up Charges Varies, Professional wait staff available**



**What a Wrap:**

You can choose from an assortment of Sandwich Wraps such as Spinach, Tomato-Basil, or Plain with your choice of Deli Sliced Ham, Turkey, Roast Beef, Grilled Vegetables, Grilled Chicken, or Jerk Chicken. These Sandwich Wraps are generously stuffed with your choice of Fillings, in addition to Lettuce, Tomatoes, and Feta Cheese. Vegetable Chips and a Pickle Platter will top it off just right!

**\$12.95 per person**

**Salad Box:**

Your choice of salad: Cobb, Spinach, Classic Chicken Caesar, Caribbean Garden or Asian Chicken Salad. Served with Vegetable Chips, Fresh Fruit, Homemade Cookie Salad Dressing and Water.

**Deluxe Box Lunch:**

Treat your guests to a delightful Box Lunch that offers a choice of Deli Sliced Ham, Turkey, Roast Beef, or Tuna Salad on a Fresh 5" Kaiser Roll, complimented by Cole Slaw, Potato Salad, Fresh Fruit and a Homemade Chocolate Chip Cookie.

**\$11.50 per person**

**Vegetarian Salad Platter:**

Crisp Julienne Vegetables with hard boiled eggs, sliced avocado on a bed of lettuce, sprinkled with finely grated cheese and nuts

**\$9.95**

**Barbecue Chicken Salad**

Mounds of mixed greens with red onion and green peppers, tomato and avocado served with raspberry teriyaki glazed breast of chicken

**\$9.95**

**Grilled Chicken Caesar Salad:**

Crisp Romaine Lettuce, Homemade Croutons, and Fresh Parmesan Cheese topped with Classic Caesar Dressing and Flavorful Grilled Chicken Strips served with an Assortment of Fresh Baked Rolls and Sweet Cream Butter.

**\$10.25 per person**

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Italian Chicken Salad

Tender strips of fresh cut zucchini, squash, red onion and green pepper, tossed with fresh tortellini and chunks of seasoned chicken

Taste of the Islands:

Chicken Breast marinated in our Authentic Homemade Jerk Seasoning, grilled to tender perfection, and topped with Sautéed Bell Peppers and Onions, then served with Pigeon Peas and Rice, a Caribbean Garden Salad with Mango Vinaigrette Dressing and an Assortment of Freshly Baked Rolls and Sweet Cream Butter.

**\$13.95 per person**

Baked Chicken:

Specially seasoned Chicken that is lightly floured, baked to Golden Perfection then dusted with Paprika, and served with Saffron Rice, our House Salad with Choice Dressings, and an Assortment of Freshly Baked Rolls and Sweet Cream Butter.

**\$9.95 per person**

Chicken Breast Delight:

A Boneless Breast of Chicken cooked to your preference of either Marsala, Mushroom, Chardonnay, Herb Infused, or Mojo, with a choice of Rice Pilaf or Garlic Redskin Mashed Potatoes, our House Salad Mix with Choice Dressings, and an Assortment of Freshly Baked Rolls and Sweet Cream Butter.

**\$13.95 per person**

Pasta Me Up:

Viva Italia! Enjoy a variety of Pastas including Fettuccine, Penne, and Spaghetti, served with Homemade Sauces such as Alfredo, Meat Sauce, and Marinara. Your buffet also includes Homemade Meat or Vegetarian Lasagna, Garden Salad with Choice Dressings or Authentic Caesar Salad, and Toasted Garlic Baguettes or Freshly Baked Italian Bread.

**\$14.95 per person**



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Vegetable or Beef Lasagna:

Fresh Homemade Lasagna, stuffed with your choice of Beef or Vegetables, and layered thickly with Ricotta Cheese, Marinara Sauce and mouth watering Mozzarella Cheese. Served with Our House Salad Mix of Fresh Greens, Roma Tomatoes, Fresh Cucumbers, Sliced Onions, chopped Green Peppers, and Choice Dressings. Warm toasted Garlic Baguettes will also accompany your selection.

**\$12.95 per person**

Beef Brochettes:

Tender and Juicy portions of Marinated Skirt Steak glazed with Raspberry Teriyaki Sauce, and topped with Grilled Bell Peppers, Onions, and flavorful Mushrooms. Long Grain Wild Rice and a delightful Medley of Sautéed Vegetables will harmoniously compliment this dish.

**\$15.95 per person**

Marinated Flank Steak:

Succulent Flank Steak infused with Fresh Herbs and grilled to perfection, paired with Garlic Redskin Mashed Potatoes, Mushroom Tarragon Sauce, a delightful Medley of Sautéed Vegetables, and Our House Salad Mix with Choice Dressings.

**\$16.95 per person**

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## THE AFTERNOON BLEUS

### COOKIE BLEUS:

Assorted Gourmet Cookies & Brownies, Assorted Fruit Juices and Bottled Water.

**\$7.75 per person**

### FIESTA BLEUS:

Warm Tortilla Chips and Doritos with Salsa and Cheese Dip, Assorted Sodas, and Bottled Water.

**\$7.25 per person**

### THE CHEESE BLEUS:

Assorted Imported and Domestic Cheeses such as Swiss, Monterey Jack, Cheddar, Brie, and Provolone with Fresh Seasonal Fruit Slices, Garden Fresh Vegetables, Crackers, and Assorted Fruit Juices, Bottled Water, and Sodas.

**\$8.95 per person**

### THE CHOCOHOLIC BLEUS:

Assorted Mini Chocolate Éclairs, Homemade Chocolate Chip Cookies, Fudge Brownies, Miniature Fudge Pieces, Bottled Water, Assorted Fruit Juices, and Assorted Sodas.

**\$8.25 per person**

### THE HEALTHY BLEUS:

Assorted Granola and Healthy Bars, Bran and Wheat Muffins, Assorted Light Cookies, Yogurt, Assorted Smoothies, and Perrier Water.



\$7.95 per person

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